

"Fresh Starts in Faith"

Fresh Start in Faith: Foundational Prayer

Matthew 6:9-13 (KJV)

Main Idea: Prayer is important as a foundational spiritual discipline.

1. Introduction: "Prayer is the key to Power"

2. Fresh Elements in the Model Prayer

- Surrender v. 9
- Request & Plea vs. 10-13 a.
- Praise & Commitment v. 13 b

3. Ways to Keep Prayer Fresh

- Prayer Journal:** Keep a prayer journal, noting down their prayers and any answers they receive.
- Prayer Walks:** Take prayer walks in your neighborhood or downtown, praying for your community.
- Prayer Partners List:** Pray for one another throughout the week.